



## HUG (*Help, Understand, Give*) Guatemala Trips!

**Trip Fee: Only \$695!**

Spring 2010: March 6-13; 13-20; 20-27; 27-April 3

Winter 2010: November 20-27; Dec.26-Jan.2

Spring 2011: March 5-12; 12-19; 19-26; 26-April 2; April 9-16

**Trip Fee for High Season: Only \$800!**

Summer 2010: June 26-July 3; July 24-31; July 31-August 7

**Apply now! [www.culturalembrace.com](http://www.culturalembrace.com)**

**Or call: +1.512.469.9089**

**At Cultural Embrace we specialize in connecting individuals with international experiences.** Join us on a pre-planned HUG (*Help, Understand, Give*) Guatemala Trip! **Cultural Embrace** wants you to be more than a tourist; we want you to fully interact with the local culture and communities you are visiting!

### **Choose from Medical, Environmental, Teaching, or Construction Volunteer Projects**

**Volunteer projects include:** Teach, tutor, and play with children in an at-need community center in San Mateo Milpas Altas. Work with street children, handicap & disabled children, and troubled teens. Work in hospice, local hospital/health centers, pharmacies and nursing homes. Help build and maintain gardens and yards in at-need community centers. Contribute to building, fixing, and painting for at-need construction projects in schools and community centers. Groups may work together on one project or be divided into teams to work on different service projects- based on group size, skills, and Spanish language knowledge.

#### **What's Included:**

- Accommodations, lodging with host families; hotel or apartment stay available for additional fee
- Meals (B/L/D: breakfast, lunch, dinner)
- CE Staff Trip Leader
- Local Ground Transportation & Transfers
- Excursions, Service & Cultural Activities as per itinerary
- Travel insurance
- Pre-departure & Local Support
- Local English Speaking Guides
- 24-hour emergency contact numbers

*WANT TO GO BUT NEED AN ALTERNATIVE DATE?*

*Discounted rates available for groups*

*Cultural Embrace can customize group travel arrangements to fit your needs, budget and schedule!*



## Itinerary

### **Day 1: Saturday (D)**

Meet and greet with your local English-speaking guide and driver outside of Guatemala City's airport's customs. Transfer to Antigua--dinner and overnight at host family's home.

### **Day 2: Sunday (B, L)**

Depart Antigua ~6am. 7am breakfast and rest stop at Tecpan. 10am arrive at Panajachel. 10:30am boat tour of Santiago Atitlan. 1:30pm Return back to Panajachel. 2:00pm Lunch at Panajachel. 3:30pm Depart for Antigua. 6:00pm Return back to Antigua. Evening at leisure and overnight at host family.

### **Day 3: Monday (B,L,D)**

Breakfast with host family. 8am-12pm: Service Project. Boxed lunch from host family. Afternoon: Service Project & tortilla making. Overnight with dinner at host family's home.

### **Day 4: Tuesday (B, L, D)**

Breakfast with host family. 8am-12pm: Service Project. Boxed lunch from host family. Afternoon: Service Project & visit coffee plantation via bike. Overnight with dinner at host family's home.

### **Day 5: Wednesday (B, L, D)**

Breakfast with host family. 8am-12pm: Service Project. Boxed lunch from host family. Afternoon: Service Project &

visit an eco-park. Overnight with dinner at host family's home.

### **Day 6: Thursday (B, L, D)**

Breakfast with host family. 8am-12pm: Service Project. Boxed lunch from host family. Afternoon: Service Project & Salsa dance lesson. Overnight with dinner at host family's home.

### **Day 7: Friday (B, L, D)**

Breakfast with host family. Service Project in Antigua. Transfer and hike Volcano Pacaya with boxed lunch. Overnight group dinner buffet.

### **Day 8: Saturday (B)**

Breakfast with host family. Transfer to airport for flight back to the States

• Discover the *Similarities...Share the Differences* • [WWW.CULTURALEMBRACE.COM](http://WWW.CULTURALEMBRACE.COM) •

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